



# Heavers Farm and Selsdon Primary Schools Child Friendly Anti-Bullying Policy

March 2018

## School Vision

Caring, learning, aspiring, succeeding.

## School statement on bullying

This school is a place where every person has the right to be themselves and to be included in a safe and happy environment. Everyone at our school is equal and should be treated with respect.

## What is bullying?

Bullying is hurtful or unkind behaviour which is deliberate and repeated. Bullying can be done by one person or by a group of people towards another person or a group of people where the bully or bullies hold more power than those being bullied.

## What does bullying look like?

Bullying can be:

- **Hitting or threatening to hit someone**
- **Touching someone inappropriately or without their consent**
- **Calling someone names or spreading rumours or gossip about someone**
- **Stealing, hiding or damaging someone's property**
- **Deliberately ignoring someone or leaving them out**
- **Sending hurtful or unkind texts, emails or online messages to or about someone**

Remember that bullying isn't just physical and it can happen outside or inside school. If someone is deliberately and repeatedly being hurtful or unkind towards you or someone else, whatever that looks like or for whatever reason, it is bullying.

## What kinds of bullying can happen?

Bullying can be based on any of the following things:

- **Race or ethnicity** (racist bullying)
- **Religion or belief**
- **Culture or family background**



- **Gender** (sexist bullying)
- **Sexual orientation** (homophobic or biphobic bullying)
- **Gender identity** (transphobic bullying)
- **Special educational needs or disability**
- **Appearance or health condition**
- **Home or other personal situation**

**Not every type of bullying is on this list. If someone is deliberately and repeatedly being hurtful or unkind towards you, for whatever reason, that is bullying.**

## **What should I do if I'm being bullied or someone else is being bullied?**

**It is really important to report bullying.** It won't make the situation worse and it will help to stop the bullying whether it is happening to you or to someone else. If you know that someone is being bullied, try to reassure and support them, tell them that what is happening is wrong and help them to tell a trusted adult. There are many different ways to report bullying:

- **Tell an adult in school**
- **Report it to one of the year 6 prefects who can be found in school every lunch time**
- **You can call ChildLine at any time for free on 0800 1111 to speak to a counsellor.** Remember your call will be confidential which means they will not tell anyone else about what you have said.

School staff will make sure that the bullying is recorded and taken seriously and will follow up to support you or the person being bullied. They will also act to sort out the situation with the bully and any others involved.